



# RACE TO KINGSTON

## Offshore Special Regulations (OSR) for Category 3 Monohulls Checklist 2026

This Checklist is a guide to complying with the Race to Kingston (R2K) OSR Category 3 for Monohulls. As such, it is in point form. The full text is in the [R2K Offshore Special Regulations \(OSR\) Category 3 Monohulls](#) and overrides this document, including for any errors or omissions in this Checklist. The R2K Offshore Special Regulations (OSR) for Category 3 for Monohulls is available on the Registration & Race Documents Web Site (R&DWS) under *Documents & Forms*. Future requirements and suggested or recommended items are not included in the Checklist. R2K highly encourages that participants review and consider recommendations and understand the implications of noted future requirements.

The Checklist is organized for use by either:

- Person in Charge (PIC) using the complete Checklist to prepare for the race in order to certify their meeting the requirements of R2K OSR Category 3 for Monohulls,
- or R2K's Technical Committee Equipment Inspectors conducted as follows:
  - R2K Technical Committee Pre-race Inspection will use the entire Checklist
  - R2K Technical Committee Post-race will use a pre-defined subset of the Checklist with at least three different subset versions

**PERSON IN CHARGE:** (see Racing Rules of Sailing 46) Fill in this form, prepare the boat, initial above each underline and sign where indicated.

**EQUIPMENT INSPECTORS:** Mark each inspected item with a checkmark or cross. Note any deficiencies on the Deficiency Report. Show the Deficiency Report to the Person in Charge, then return the report to the R2K Technical Committee as soon as possible.

**DISCLAIMER OF LIABILITY.** The inspection is conducted as a courtesy. An Equipment Inspector cannot limit or reduce the complete and unlimited responsibility of the owner and the Person-in-Charge.

**R2K Offshore Special Regulations (OSR) Category 3 Monohull Checklist 2026**

<b>BOAT NAME</b>	
<b>SAIL NUMBER</b>	
<b>PERSON IN CHARGE (PIC)</b>	

Note: PURPLE TYPE indicates requirements above OSR Category 4.

PIC: For use by the Person In Charge

EIO: For use by Technical Committee Equipment Inspector ONLY

LINE	OSR REF.	ITEM	PIC	EIO
		<b>Lay out on Chart Table or other Surface</b>		
1.	3.04.1	Proof that boat meets ISO 12217-2 category B or equivalent stability		
2.	4.11	Charts (not solely electronic), plotting equipment		
3.	6.01.3	Approved survival training certificates for 30% of the crew (minimum 2)		
4.	6.04	Proof that crew-overboard recovery has been practiced within past year		
5.	6.04	Proof that abandonment of vessel has been practiced within past year		
6.	6.05.3	2 crewmembers familia with 1st Aid, CPR & communication systems		
		<b>Lay out on Bunk(s)</b>		
7.	3.29.4	2nd radio capable of receiving weather, could be the handheld VHF		
8.	3.29.5	Emergency antenna for each type of installed radio transceiver		
9.	4.08	First Aid Manual and First Aid Kit		
10.	4.09	Foghorn		
11.	4.16.1	Tools, spare parts, method to disconnect/sever standing rigging		
12.	4.23	Flares, 4 red hand-held and 2 orange smoke, LSA III		
13.	5.01	Lifejacket c/w lights, whistle etc., 1 for each crew, marked with name		
14.	5.01.2	Spare cylinder and activation head for each type on board		
15.	5.01.4	Each lifejacket inspection does not exceed service date		
16.	5.02.1	Deck safety harness for each crewmember		
17.	5.02.2	2 m (6'-6") tether, with coloured overload flag, for each crewmember		
18.	5.02.3	Mid-tether hook on 2m tether, or 1m (3'-3") tether for each crewmember		
		<b>Grab bag</b>		
19.	3.29.1	Watertight hand-held marine VHF transceiver w/ spare batteries stowed in each grab bag		
20.	4.07	Watertight (IP67) flashlight with spare batteries & bulbs		
21.	4.21.1	Grab bag for each raft, with inherent flotation and 0.1m <sup>2</sup> (1 ft <sup>2</sup> ) bright colour		
22.	4.21.4	3 red hand flares		
23.	4.21.4	Watertight strobe light		
24.	4.21.4	Knife		
25.	4.21.4	Whistle		
		<b>Below Deck Inspection</b>		
26.	3.06	2 exits, at least 1 forward of the foremost mast		
27.	3.08.3	Portlights that open inward labelled "NOT TO BE OPENED AT SEA"		

28.	3.10	Sea cocks or valves on through-hull openings below waterline		
29.	3.12	Heel of keel-stepped mast is secured to structure		
30.	3.18.2	Toilet, permanently installed, or fitted bucket		
31.	3.19.1	Bunks, permanently installed		
32.	3.20	Cooking stove, permanently installed, with fuel shut-off		
33.	3.21.1	Sufficient drinking water (in water tank or reusable containers)		
34.	3.21.3	Emergency drinking water 2L (0.5 US Gal) per person		
35.	3.22	Hand holds below deck		
36.	3.27.4	Spare bulbs for navigation lights (not required for LED)		
37.	3.28.4	Separate engine starting battery or hand-starting device		
38.	3.29.6	25W DSC enabled VHF w/ masthead antenna & programmed MMSI		
39.	3.29.7	AIS Transponder w/shared masthead or raised dedicated antenna		
40.	4.03	Tapered soft wood plug at each through-hull opening		
41.	4.05.1	Fire blanket adjacent to every cooking device		
42.	4.05.2	2 fire extinguishers, 2kg each in different parts of the boat		
43.	4.12	Safety equipment location chart		
		<b>At Helm or Ready for Immediate Deployment</b>		
44.	4.22.2	For double handed, GNSS to track crew overboard from on deck		
45.	4.22.3	Lifebuoy with self-igniting light, whistle, and drogue		
46.	4.22.4	Heaving line, pref. 'Throwing sock' type, 6mm (1/4") 15-25m (50-75')		
47.	4.22.5	Recovery Sling (Lifesling® or equivalent)		
48.	4.25	Strong, sharp knife, sheathed and securely restrained		
		<b>On Deck, Where Stowed or Ready for Deployment</b>		
49.	3.08.4	Hatch blocking devices (panels) attached and can be secured in place		
50.	4.06.1	2 suitably sized anchors and rode ready for immediate use		
51.	4.07	Watertight (IP67) searchlight to find person overboard or collision avoidance		
		<b>Rigged/Fitted to Demonstrate Use</b>		
52.	3.27.1	Navigation lights, above sheerline and not obscured when sailing		
53.	3.27.3	Reserve navigation lights, can be powered separately		
54.	4.01.2	Alternate method for displaying sail letters and numbers		
55.	4.04.2	Jack stays are independent on each side of the deck		
56.	4.04.2	Jack stays to permit crew to move between workstations while clipped		
57.	4.04.3	Clipping points at workstations so that 2/3 can clip on without jack stays		
58.	4.10.1	Radar reflector, 30 cm (12") dia. octahedral or minimum RCS of 2 m <sup>2</sup>		
59.	4.15.1	Emergency tiller		
60.	4.15.2	Proven method of emergency steering with the rudder disabled		
61.	4.26.3	Either a storm trysail or reefing to reduce mainsail luff by 40%		
62.	4.26.5	Heavy weather jib, attachable independent of luff groove		
63.	4.27.1	Sheeting positions for each heavy/storm sail		
		<b>General</b>		
64.	2.04	All equipment is readily available, adequately sized, in date and functions		
65.	2.04.2	Heavy items are permanently installed or securely fastened		
66.	3.02	Boat is strongly built, seaworthy and watertight		
67.	3.02.4	Keel and rudder were inspected within past 2 years		
68.	3.08.1	Forward hatches open outward only		

69.	3.08.2	Hatches are attached, above water at 90° heel & operable if capsized		
70.	3.08.5	Companionway sill is above local sheerline, or acceptable alternative		
71.	3.09.1	Cockpit is strong, watertight and meets OSR size and drainage		
72.	3.14	Double lifelines & pulpits, surround entire deck, 600 mm (24") high		
73.	3.14.3	Lifeline materials and diameters meet OSR		
74.	3.17.1	25 mm (1") toe rail around foredeck		
75.	3.23.1	2 strong buckets, each with lanyard and 9 l (2.4 US Gal) min capacity		
76.	3.23.1	Permanently installed manual bilge pump		
77.	3.23.2	Permanently installed manual bilge pump operable with all hatches closed		
79.	3.24	Magnetic compass, unpowered, with deviation chart		
80.	3.24	2nd magnetic compass, may be hand-held and/or electronic		
81.	3.25	2 halyards per mast, each capable of hoisting a sail		
82.	3.28.1	Propulsion engine provides minimum speed of 3/4 hull speed		
83.	3.28.1	Inboard or outboard propulsion engine		
84.	3.28.3	Fuel or battery capacity to motor at 3/4 hull speed for 5 hours + house needs		
85.	3.29.6	External VHF speaker in cockpit		
86.	3.29.8	GNSS		
87.	4.01.1	Sail letters and numbers meeting RRS 77 & RRS G		
88.	4.13.1	Knotmeter or log		
89.	4.13.2	Depth sounder		
90.	4.17	Boat's name on buoyant equipment		
91.	4.18	Marine grade retro-reflective material on buoyant equipment		